Would you like to live and work in England?

The NHS is looking for GPs to work in the areas of LEICESTER, LEICESTERSHIRE AND RUTLAND

NHS England Gateway reference: XXXXX
Across Leicester, Leicestershire and Rutland there are 140 GP practices, grouped into three Clinical Commissioning Groups, that commission health services on behalf of the local population – 1.1 million people.

There are two major healthcare providers in the area. They are the University Hospitals of Leicester NHS Trust and Leicestershire Partnership NHS Trust.

Leicestershire and Rutland are relatively affluent areas. Even so, pockets of significant deprivation exist with some neighbourhoods in the towns of Loughborough and Coalville amongst the most deprived in England. On the whole, people’s health is good, but there are challenges. Life expectancy across the region is slightly below the national average and people in poorer areas do not live as long as those in wealthier areas. This is because people are getting chronic diseases earlier, mainly due unhealthy lifestyles.

Over the past few years, NHS organisations, local councils and voluntary groups across the regions have formed the Better Care Together partnership. It aims to join up services to improve care, support people to stay well in their own homes, encourage better lifestyle choices and make the most use of funding.
KEY
1 – Leicester
2 – Loughborough
3 – Melton Mowbray
4 – Ashby-de-la-Zouche
5 – Oakham
Leicestershire boasts medieval market towns, such as Market Harborough, Melton Mowbray and Loughborough, and picturesque villages and farmland. It is surrounded by seven counties - including Nottinghamshire, Lincolnshire and Northamptonshire - with excellent road, air and rail links to the rest of the country.

Once the cross roads for Roman and Anglo Saxon trade and where the War of the Roses ended, the area is rich in history, beautiful countryside with the National Forest covering the north of the region.

In 2013, Leicester became internationally renowned as the resting place of Richard III, whose remains were found beneath a car park and were subsequently reinterred in Leicester Cathedral.

Rutland is a pretty, rural, farming county home to just 37,000 people. Yet, despite its size, Rutland has a rich historical heritage, pretty villages and ancient churches. At its centre is Rutland Water, western Europe’s largest manmade reservoir, attracting over a million bird-watchers, cyclists, walkers and water sports enthusiasts every year.

**LEICESTER CITY**

Leicester is a modern city, rich in arts, sports, royal heritage and culture. Leicester is a superb example of a cross-cultural city owing to its large South Asian population and thriving communities originating from Somalia, the Middle East, Africa and Eastern Europe.

Leicester’s Old Town contains some of the city’s historic and cultural gems, including the King Richard III Visitor Centre, Leicester Cathedral and the Jewry Wall, part of the old Roman public baths.

Home to Britain’s most multi-cultural high street, Leicester has a huge range of bars and restaurants, independent shops and national retail chains, famous markets and Indian restaurants on the Golden Mile.

Leicester holds the largest Caribbean carnival outside London and one of the biggest Diwali celebrations outside of India. It has a wealth of attractions, ranging from Curve theatre, the National Space Centre and beautiful parks and waterways.

**LOUGHBOROUGH**

Loughborough, Leicestershire’s second largest town, is a thriving market town in the heart of Charnwood Forest. Just 18 kilometres north of Leicester City, Loughborough has a great mix of bars and clubs, boutiques, restaurants and an award-winning market for local food and vintage items. There are events throughout the year with outdoor activities at Bradgate Park, festivals in Charnwood Forest, steam trains at the Great Central Railway and the annual Loogabarooga Festival celebrating children’s literature.

**MELTON MOWBRAY**

Melton Mowbray is a pretty small market town, 30 kilometres in between Leicester City and Nottingham, famous for its pork pies, stilton cheese and independent shops. The town holds food and drink festivals throughout the year, including the Melton Mowbray Food Festival, PieFest and the largest artisan cheese fair in the country.
MARKET HARBOROUGH
Just 20 kilometres south of Leicester City, and an hour to London by train, is the historic town of Market Harborough.

Surrounded by wonderful countryside, the high street is full of independent shops, cafes and restaurants and a thriving local food and vintage market. On the outskirts of the town is the famous Foxton canal lock and country park, where old warehouses have been converted to waterside apartments and arts and crafts workshops.

ASHBY-DE-LA-ZOUCHE
An attractive, historic market town, Ashby-de-la-Zouche lies within the National Forest, just 20 kilometres south of the town of Derby and within easy reach of the Peak District National Park. Ashby, with its ruined 12th-century castle, has a healthy array of specialist independent outlets and a farmers’ market which is reputed to be the finest in the county.

There are two main towns in Rutland, Oakham and Uppingham, plenty of charming, quiet villages such as North Luffenham and Bisbrooke, and small hamlets scattered throughout the countryside.

OAKHAM
Oakham is a pretty, traditional English market town with good train links to London, Leicester and Peterborough. The town offers an abundant mix of cafes, bars, restaurants and pubs to choose from, independent boutiques and regular farmers’ markets. On the outskirts sits Oakham Castle, one of the finest surviving examples of Norman architecture anywhere in England.

UPPINGHAM
The smaller town of Uppingham, with just 6,000 residents, is celebrated for its tearooms, bookshops, art galleries and more that 70 specialist sellers at its antiques centre. Once a year the market square is transformed into the Fatstock Show, with farmers all over the country come to exhibit their livestock.

NOT TO BE MISSED

Known locally as the ‘Golden Mile’, the Belgrave Road and Melton Road area of Leicester city centre is home to a large selection of shops selling Indian gold jewellery, alongside beautiful hand-embroidered silk sarees and traditional curry houses.

Visit the award-winning King Richard III Visitor Centre, built on the site of the car park where his skeleton was discovered after 500 years, or watch the annual re-enactment of the Battle Bosworth at the site where the King met his death.

Leicester’s National Space Station is the leading attraction for astronomy and space science in the country, with its Space Centre offering interactive experiences, rocket tower and the UK’s largest planetarium.

Take in the abundant birdlife at Rutland Water Nature Reserve or cycle to the Normanton Church, Rutland’s most famous landmark, saved from flooding when Rutland Water was created and now a museum.

Enjoy the beautiful National Forest, with over 500 square kilometres of rich woodland, cycle paths, picnic areas and nature reserves. For the more adventurous, try Conkers, an outdoor discovery centre offering activity trails, canoeing, tree-rope walkways and climbing walls.
CULTURE AND ENTERTAINMENT

The Curve in Leicester is a state-of-the-art theatre with a reputation for a diverse programme of musicals, plays, new work, dance and opera. For live music, the De Monfort Hall plays host to many established and up-and-coming bands and big orchestras while the O2 Academy Leicester features international artists.

For a unique experience try Arts Fresco, the biggest free street theatre festival in the East Midlands held in Market Harborough, or the Stamford Shakespeare Company summer residence at Rutland Open Air Theatre in the grounds of Tolethorpe Hall.

FOOD AND DRINK

As the largest outdoor covered market in Europe, Leicester Market is worth a visit with more than 270 different stalls selling fruit and vegetables, books and clothes. Melton Mowbray has a number of independent local and speciality cheese and pork pie shops.

Rutland boasts plenty of country pubs. You can also enjoy local produce at the annual Grainstore Brewery Cider and Sausage festival. For something fancier, try Michelin-starred fine dining at Hambleton Hall.

EDUCATION

Across Leicestershire and Leicester there is a good choice of primary and nursery schools, along with secondary school provision, most of which are state funded, with some independent ones.

Schools in Rutland are of a high standard. Parents also have the choice of two private schools – Oakham School and Uppingham School.

In addition there are eight colleges for A level students (over 16 years old) and a highly regarded specialist sports school known as Ellesmere College.

Leicester has two world-renowned universities – the University of Leicester and De Montfort University. Further out in the county is Loughborough University, internationally recognised for its elite sports programme, engineering and technology faculties.

SHOPPING

Head for Highcross shopping centre in Leicester for all the major high street clothes shops as well as 40 cafes and a 12-screen cinema. St Martin’s Square and The Lanes have a mix of independent boutiques and specialty shops stores and designer names.

To grab a bargain find over 65 designer stores offering 60% discount at the East Midlands Designer Outlet, conveniently located near the M1 and A38.
Property prices in Leicester are reasonable compared to other areas of the country with average house prices around £200,000. Houses in Rutland cost considerably more with average house prices at £336,000.

Leicester is a great place for sport with successful football, cricket, basketball, speedway and hockey teams. For those who want to participate, there are plenty of sports and leisure facilities including, Leicester’s Outdoor Pursuits Centre for canoeing, climbing, archery and orienteering, and lots of woods and countryside for cycling and walking.

Most outdoor activities revolve around Rutland Water, which hosts the annual National Watersports Festival in June, with stand-up paddleboarding, kayaking, diving, sailing and windsurfing on offer all year round.

Winter temperatures can be pleasant reaching up to 22°C or more. In the winter temperatures drop to 4°C and in some parts of the counties they can be lower with snow and ice, particularly in more remote areas.

If you would like more information about our international recruitment programme or about living and working in Leicestershire and Rutland the following websites will be useful:

- Visit Leicester: [www.visitleicester.info](http://www.visitleicester.info)
- Discover Rutland: [www.discover-rutland.co.uk](http://www.discover-rutland.co.uk)
- Leicester, Leicestershire and Rutland health and social care: [www.bettercareleicester.nhs.uk](http://www.bettercareleicester.nhs.uk)
- East Midlands Airport: [www.eastmidlandsairport.com](http://www.eastmidlandsairport.com)